In The Claims:

Claims 1-19. (Cancelled).

- 20. (Currently Amended) A system for selectively accessing video data and page data, comprising:
 - a format manager for manipulating said video data and said page data, said format manager copying said page data to create duplicate page data, inserting a video tag into said duplicate page data, and selectively positioning said video tag to vertically locate a video window on a display device in relation to a current reference position on said display device, said video window being repositionable and resizeable within said duplicate page data on said display device, said video window displaying a video program currently in progress, said duplicate page data being scrollable with reference to said video window on said display device, said format manager recomputing said current reference position each time said duplicate page data is scrolled to maintain said video window in a stationary position on said display device, said current reference position being computed by combining a prior reference position and a scroll value, said scroll value being positive when said duplicate page data is scrolled down, said scroll value being negative when said duplicate page data is scrolled upwards; and

a processor, coupled to said format manager for controlling said format manager, whereby said video data and said duplicate page data are simultaneously shown on said display device.

Claims 21-39. (Cancelled).

40. (Currently Amended) A method for selectively accessing video data and page data, comprising the steps of:

manipulating said video data and said page data using a format manager, said format manager copying said page data to create duplicate page data, inserting a video tag into said duplicate page data, and selectively positioning said video tag to vertically locate a video window on a display device in relation to a current reference position on said display device, said video window displaying a video program currently in progress, said video window being repositionable and resizeable within said page data on said display device, said duplicate page data being scrollable with reference to said video window on said display device, said format manager recomputing said current reference position each time said duplicate page data is scrolled to maintain said video window in a stationary position on said display device, said current reference position being computed by combining a prior reference position and a scroll value, said scroll value being positive when said duplicate page data is scrolled down,

said scroll value being negative when said duplicate page data is scrolled upwards; and

controlling said format manager using a processor, whereby said video data and said duplicate page data are simultaneously shown on a display device.

Claims 41-42. (Cancelled).

- 43. (Currently Amended) A system for selectively accessing video data and Internet page data, comprising:
 - a format manager for manipulating said video data and said Internet page data, said format manager providing a video window on a display device for displaying said video data, said video window displaying a video program currently in progress, said video window being selectively positionable and sizeable within said Internet page data, said Internet page data being scrollable with reference to said video window by utilizing a scroll value; and
 - a processor configured to control said format manager, whereby said video data received from a video programming source and said Internet page data are simultaneously shown on said display device.

- 44. (Previously Presented) The system of claim 43 wherein said format manager positions a video tag to vertically locate said video window on said display device in relation to a current reference position on said display device.
- 45. (Previously Presented) The system of claim 44 wherein said format manager copies said Internet page data to create duplicate Internet page data for displaying on said display device, said format manager positioning said video tag within said duplicate Internet page data to vertically position said video window.
- 46. (Currently Amended) The system of claim 44 wherein said format manager recomputes said current reference position each time said Internet page data is scrolled on said display device in relation to said video window to maintain said video window in a stationary position on said display device.
- 47. (Previously Presented) The system of claim 46 wherein said current reference position is recomputed by combining a prior reference position and a scroll value.

- 48. (Currently Amended) The system of claim 44 wherein said video tag includes a video source parameter to indicate a source of video data for inserting into said video window, a blank window name for identifying said video window, a window width parameter to specify a window width of said video window, a window height parameter to specify a window height of said video window, and a horizontal-alignment parameter that specifies a horizontal position of said video window within said Internet page data on said display device.
- 49. (Previously Presented) The system of claim 43 wherein said format manager is able to selectively position said video window in a horizontal direction and in a vertical direction anywhere within said Internet page data on said display device, said format manager also being able to selectively size said video window in a horizontal dimension and in a vertical dimension within said Internet page data.
- 50. (Previously Presented) The system of claim 43 wherein said format manager automatically reformats text data and graphics data from said Internet page data to optimally utilize a remaining area of said display device that is not utilized to display said video window, said format manager automatically reformatting said text data and said graphics data from said Internet page data to avoid said video window while maximizing an amount of said text data and said graphics data displayed on said display device.

- 51. (Previously Presented) The system of claim 50 wherein said format manager automatically reformats said text data and said graphics data from said Internet page data each time said Internet page data is scrolled on said display device.
- 52. (Previously Presented) The system of claim 50 wherein specific pre-determined criteria for determining how to automatically reformat said text data and said graphics data are selectable by a system user.
- 53. (Previously Presented) The system of claim 43 wherein a horizontal location, a vertical location, a horizontal size, and a vertical size of said video window are each selectable by a system user by utilizing a remote control device.
- 54. (Previously Presented) The system of claim 43 wherein said display device is implemented as a television device, and wherein said format manager and said processor are implemented in a set-top box coupled to said television device.
- 55. (Previously Presented) The system of claim 43 wherein said Internet page data is scrollable with reference to said video window by utilizing said scroll value which is positive when said Internet page data is scrolled down, and which is negative when said Internet page data is scrolled upwards.

- 56. (Previously Presented) A system for selectively accessing video data and Internet page data, comprising:
 - a format manager for manipulating said video data and said Internet page data, said video data being received from a television-broadcast programming source, said format manager providing a video window on a display device for displaying said video data, said video window being selectively positionable and sizeable within said Internet page data, said Internet page data being scrollable with reference to said video window by utilizing a scroll value, said format manager positioning a video tag to vertically locate said video window on said display device in relation to a current reference position on said display device, said video tag including a video source parameter to indicate a source memory-storage location of said video data for inserting into said video window, said format manager copying said Internet page data to create duplicate Internet page data for displaying on said display device around said video window, said format manager positioning said video tag within said duplicate Internet page data to vertically position said video window; and
 - a processor configured to control said format manager, whereby said video data received from a video programming source and said Internet page data are simultaneously shown on said display device.

57. (Previously Presented) The system of claim 56 wherein said format manager automatically reformats text data and graphics data from said Internet page data to optimally utilize a remaining area of said display device that is not utilized to display said video window, said format manager automatically reformatting said text data and said graphics data from said Internet page data to avoid said video window while maximizing an amount of said text data and said graphics data displayed on said display device.